# Description

# <u>Invitation to the open Discofox competition</u>

## About the Lake of constance Cup

The Dancing school No.10 is going to open it doors on the 29. Okt. 2016 For the open Discofox competition.

We eccept couples of all over Germany, like they have been there the last couple of years also pairs from Switzerland, Austria, Italy and Russia.

Of course we would like to welcome you / or your dancing couples as well.

### We start in four classes:

- 1. Beginners: Pairs who just dance the basics, changing places, simple rotation and winding figures. (D/C classe)
- 2. Rising-Star: Pairs who can dance fluently and distinctley and got some experience. (C/B classe)
- 3. Main-classe: Pairs who dance intensively discofox or got more experience . (B/A classe)
- 4.Star-classe: openly for all, (A/S class) IDO regulation has the intensive tournament experience

To be able to enter thus also beginners so there is a chance given into a tournament, in addition a sighting round before the tournament finds the pairs instead of where in your achievement to be examined again and gradated if necessary upward.

The tournament takes place in the dance school No.10 in Friedrichshafen at the lake of constance.

Dancing space: 10 x of 10 meters.

The starting fee amounts to 15, - € per person.

Deadline for applications is the 19.10.2016 for registration

(We ask you for not waiting until the last day with the registration ,thanks)

Note: There is a participant delimitation.

For visitors there are maps in the map advance booking starting from 16, - € per person inlet is starting from 16:00 o`clock.

Attention limited number of maps.

We may ask you, a copy of this invitation and registration at you well-known dancingpairs, dance schools, dance club, dance restaurants, to hand Discotheken etc. further. Thanks.

For further questions we are to you gladly by telephone, Tel. 0 75 41/2 43 42 or by E-Mail bsc04@No10.de at the disposal.

greetings from the lake of constance.

your team of the dance school No.10

# routine of the day

Dear dance friends.

it makes us happy that you in our Bodenseecup participate. We will accomplish it block-by-block (Vorrunde, hope round, intermediate round, final round at the piece)

Here the times:

13:00 o'clock valuation judge discussion

13:30 o`clock dance school opening

14:30 o`clock sighting rounds

16:00 o`clock inlet spectator

17:00 o'clock beginning of the tournament

20:00 o`clock deadline for applications for strong-lets

24:00 o'clock prospective end of the tournament

We ask to before be present the pairs of the respective classes 30 minutes to the sighting round.

The pairs, which separate in the Vorrunde, we ask to remain present up to the winner honour of its class (fair play).

Responsible persons are to you all day long at the disposal you answer all your questions.

Take care until then, your Thomas Schütze Regulation

Attention for the star class (s) applies the current IDO regulation.

## 1. DISCO FOX

Discofox is also known on ther names, among the region you live in.

(e.g. Hustle, Disco Disco Swing, Fox etc.). It consists of basic steps and basic step variations in closed and/or open dance attitude, place changes, turns and winding figures. man. left-beginning, woman right-beginning

#### 2. PAIR DANCING AND CLOTHES

Only "pairs of lady gentlemen are "permitted. Disco Fox style-fair clothes must be carried. No Requisiten is permitted. The starting number must be clearly visibly fastened to the clothes of the gentleman on the back.

# 3. DANCE ATTITUDE

It must be danced predominantly in dance attitude, whereby a hand or double hand attitude counts also as dance attitude. The pairs may dance to maximally 16 BPM without dance attitude in your presentation in so-called LINE dances.

#### 4. FIGURES MATERIAL

No acrobatic or halfakrobaticn figures (elevator, estimates, soil wiper, centrifuge figures etc.) are permitted. Starting from the main cash 2 drops (drop figures) are permitted in Slow and Quick part in each case.

In strong-let is free number of drops. In the props are permitted an at the beginning of or a conclusion elevation.

### 5. CATEGORIZATION

There are 4 tournament classes. The participants classify themselves during the registration under one of the tournament classes.

It distinctive in:

Beginning he class (pairs only the bases control, place changes, light winding figures and simple turns) (D/C class)

Rising star (pairs the flowing transitions control and pronouncedly dance) (C/B class)

Main class (pairs those intensively Disco Fox dance, and/or longer tournament experience have) (B/A class)

Strong-let (openly for all, which have intensive tournament experience) (A/S class)

Current IDO regulation

### 6. SIGHTING ROUNDS

All pairs must dance a sighting round except strong-let. The sighting round takes place on tournament conditions. The sighting round of the main class takes place first. If the simple majority of the WR should come to the result that one or more pairs for reasons of the achievement and/or the presentation start in a higher class, then this pair is high-gradated these pairs in its achievement appropriate class. A gradation does not give it. Against this decision there is no right to object. In the opinion the simple majority of all valuation judges if a pair should not have shown their real tänzerische fortune in the sighting round, it after obviously is disqualifiziert immediately.

### 7. EVALUATION GUIDELINES

The following points are evaluated:

- 1. Musical conversion
- Clock, rhythm, dancing stress of the heights and depths of the melody
- 2. Technical execution
- Axes of rotation, guidance character, momentum conditions, body tension
- 3. Imaginativeness & connections
- Direct figure transitions, direction change, room layout, combination of the figure levels (head, neck, chest, hip, knee level)
- 4. Degree of difficulty
- Multiple figures in a basic rhythm, multiple figures of the lady and gentleman in a basic rhythm, reactions, direct level transitions (head, neck, chest, hip, knee), statically or in the river implemented figures
- 5. Pair harmony/general impression
- The play of the pair with itself and the public, relationship between lady and gentleman, joy, wrong and erotism should be evident by gestures and movements

#### 8. VALUATION MEANS

In the pre hope and intermediate rounds with crosses, in the final round with places one rates, resulting from the valuation criteria. The calculation of the places takes place after the Skating system.

The valuation begins with the first clay/tone of the music.

At least 3 pairs, maximally 7 pairs in a Slow and a Quickround dance in the pre, intermediate and final rounds.

The Slow and Quickrunde results in a valuation, except in the final round strong-let, here the Slowrunde and the Kür am rated individually. In the final round of the main class and strong-let dance max. 3 pairs for each to round.

### 9. MUSIC

The music is 2/4 or 4/4 clock, speeds between 88 BPM and 144 BPM.

They begin the speed according to the class with a Slow part of 1:45 minutes and change then with a short break of max. 10 seconds into the Quick part of 1:45 minutes. The D.J. is entitled the music in the Quick as well as in the Slow part upto max. 2:00 minutes to extend over in music meaningfully to fade out.

Preferably the speed in the class of the rounds Slow and Quick is not to be danced any more than 2 BPM difference amount to on the same music for each to class and round, should from it be deviated may.

The speed between the Slow and the Quickrunde must differ at least by 8 BPM.

The music composition happens with the organizer, except props.

In the sighting rounds the valuation judges can shorten the music. In the final round strong-let becomes a Slow part and a Quickteil after music of the organizer and a Kür between 1:45 and 2:15 of the minutes after own music and free speed choice or if missing after a music from the existence of the organizer, selected by the pair, dances.

The length of the Kür is to be computed starting from the first clay/tone of the music. The tänzerische introduction may not exceed 20 seconds, afterwards must be danced the first recognizable Discofoxstep.

In order to ensure for the audio engineering as smooth an tournament execution as possible, the own music with the name, title and telephone number of the pair must be marked. As playing devices the organizer CD makes/or USB available MP3.

### 10. MUSIC RIGHTS

With the employment the participants are responsible to own music for the normal right acquisition and do not exempt expressly the organizer from possible rights of recourse third because of authorized rights.